

The Sacred in Literature and the Arts



SOUNDING
The Sacred

A DAY OF SACRED MUSIC, POETRY AND REFLECTION

In association with the Sydney Sacred Music Festival



Saturday 13 September 2014

9:30 am - 4:30 pm — Includes Buffet Lunch & Refreshments
No set fee but donations gratefully accepted. A suggested \$40 donation will help us cover costs.

St Benedict's Monastery — 121 Arcadia Road, Arcadia NSW 2159
Bookings Essential — Tel: 02 9701 4292 or Email: michael.griffith@acu.edu.au

Sounding the Sacred

A DAY OF SACRED MUSIC, POETRY AND REFLECTION AT THE BENEDICTINE MONASTERY IN ARCADIA IN CONJUNCTION WITH THE AUSTRALIAN CATHOLIC UNIVERSITY AND THE SYDNEY SACRED MUSIC FESTIVAL.

Program Highlights

This exceptional one day event explores in performance and discussion a range of music that touches the divine. *Sounding the Sacred* is one of a series of events presented by the Australian Catholic University that explores the relationship between the Sacred and the Arts (Music, Literature, Visual Arts). We hope that this event will provide participants and practitioners with the inspiration to make an experiential link between spiritual practice and creative expression.

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Joelene Griffith

Maeve Heaney

Kevin Bates sm

Music as Theology

Maeve Heaney

— International recording artist and author of *'Music as Theology'*.

Maeve Heaney is a well known recording artist from Ireland and the author of [*Music as Theology: What Music Says about the Word*](#).

Maeve's music forges a path in modern theology that reflects her gifts as a composer, performer, and theologian. She explores the role of music as an expression of faith that embodies the whole Christian experience and inspires in her audience: 'things which God may only be saying through music.'

One of her strongest interests is bringing together music, theology and spirituality, at the service of lived faith and outreach to future generations. Maeve has recorded three CDs: "I Believe in You", "Stand", "Nel Frattempo" and will be launching her new CD at this event.

Sacred Song Cycles

Kevin Bates sm

— Singer, songwriter and priest with a repertoire of religious folk music.

Kevin Bates is a Marist priest who has been a singer-songwriter for almost 40 years. He has written numerous songs including "Love's Sacred Frame", a song-cycle based on the Enneagram. He followed this with "Blessed" a song-cycle on the Beatitudes and in 2007 published a third song-cycle exploring the metaphor of Sacrament (Windows to the Sacred). A selection of Kevin's CDs will be available on the day.

Alan Wilson's 'Mass of Transfiguration'

Joelene Griffith

— Sydney coloratura opera singer.

Joelene Griffith is a soloist soprano based in Sydney. A regular soloist with the Scots Kirk Baroque Band, she performs many Australian premieres of forgotten works by Baroque composers accompanied on period instruments. Joelene was selected as a Young Artist with Pacific Opera in their 2013 series.

Gregorian Chant

Gregoriana Arcadia

— Gregorian choir based at St Benedict's Monastery.

The Gregorian Schola of Sydney

— Australia's leading Gregorian Chant choir.

Two magnificent choirs of men and women dedicated to preserving the learning of the precious traditions of Gregorian Chant will present selected chants.

Walking Meditation

Jane and René Buhler

— Hear the Sounds of Sacred Poetry and Walk the Labyrinth

You will have the unique opportunity to listen to readings from sacred poetry and experience a *Walking Meditation* around the labyrinth built at St Benedict's Monastery which is an exact replica of the famous labyrinth in Chartres Cathedral.

Your meditation and poetry guides will be Jane and René Buhler who have been studying and practising Buddhist teaching and reading poetry together for more than forty years.

Explore the Elements of Tanka Workshop

Anne Benjamin

— Australian poet of Tanka poetry and prose.

Instead of the *Walking Meditation*, you may choose to explore the spiritual and sacred elements of Tanka, an ancient Japanese genre of poetry derived from Haiku.